GRAND VIEW UNIVERSITY

Welcome

Master of Science in Clinical Mental Health Counseling

Virtual Information Session

November 18, 2026

Today's Presenters



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CMHC Program at a Glance

60
credit hours

2 years
full-time (about 3 years part-time)

CACREP
accredited program

Fall & Spring
cohort start terms



Asynchronous online · full- or part-time · two required residencies

What to Expect at Grand View

Active, hands-on learning

Practice skills, reflect on your growth and apply what you learn with real clients.

Faculty who practice

Practicing clinicians and mentors who are invested in your success.

Built for busy lives

Designed for students balancing work and family, without losing clinical rigor.
No specific undergraduate prerequisites are required beyond a bachelor's degree, making this an excellent option for career changers!

Room to follow your interests

Electives across nearly every area of counseling, plus independent study.

A great fit if you're passionate about helping others and ready for both personal and professional growth.

How the Program Is Delivered



Asynchronous coursework

- Course content and discussions in Blackboard
- Work on your schedule within weekly deadlines



Field Experience

- Weekly supervision in Practicum and Internships
- Includes scheduled live synchronous meetings



Residencies

- One in-person residency on campus
- One virtual residency online

Courses run in 7-week sessions. Full-time students take 12 credits a term; part-time students take 6.

Residency Requirements



Residency 1 · In person

- 3 full days on campus Fall of 2nd year
- Week 7 of CMGR 555 Group Counseling

Residency 2 · Virtual

- Online Synchronous-one day, before you see clients
- Part of CMGR 594 Pre-Practicum

Both residencies are required to graduate. Full attendance and participation; dates shared at least two semesters in advance.

Curriculum: 60 Credit Hours

33 Core credits	21 Specialty credits	6 Elective credits
Counseling foundations, theory, ethics, assessment and group work	Clinical mental health courses plus Practicum and Internships I & II	Two from a wide range of electives

60 credit hours total

- Maintain a 3.0 cumulative GPA to graduate. (No more than two grades in the C range may count toward the degree.)
- Optional Play Therapy Certificate.

Plans of Study

Start and pace	Terms	Credits per term	Virtual residency (CMGR 594)	In-person residency (CMGR 555)	Practicum begins	Final term
Fall start, full-time	5	12	Spring 1	Fall 2	Summer 1	Spring 2
Fall start, part-time	9	6 to 9	Summer 2	Fall 3	Fall 3	Summer 3
Spring start, full-time	5	12	Summer 1	Fall 1	Fall 1	Summer 2
Spring start, part-time	9	6 to 9	Summer 2	Fall 2	Spring 3	Fall 3

- **Full-time:** two courses in each 7-week session, including summers.
- **Part-time:** one course per 7-week session; 9 credits during Practicum and Internship I.

Field Experience

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Practicum
CMGR 595

100 hours

40 direct
60 indirect

Internship I
CMGR 598

300 hours

120 direct
180 indirect

Internship II
CMGR 599

300 hours

120 direct
180 indirect

700

total supervised clinical hours

- **Sites in your own community.** Practicum and internships can be completed locally/virtually
- **Weekly faculty supervision.** 1.5-hour live group session each week with your class and faculty supervisor.
- **Hours must be earned while enrolled** and under weekly faculty supervision to count.

Your Path Through Clinical Training

1

CMGR 592

Clinical Orientation Seminar

Prepare for clinical placement

2

CMGR 594

Pre-Practicum Foundations

Prepare for clinical practice; includes the virtual residency

3

CMGR 595

Practicum

First supervised clinical experience

4

CMGR 598

Internship I

Advanced clinical training

5

CMGR 599

Internship II

Program completion and professional readiness

Getting Ready for Practicum

Before Practicum

- Complete CMGR 592 and CMGR 594
- Stay in good academic standing
- Follow your course rotation and meet every deadline

Finding your site

- You secure your own site, with guidance from the Clinical Training Coordinator and faculty
- CMGR 592 helps with your search, resume, cover letter and paperwork
- Every site must be approved by the program

Supervision throughout

- Individual supervision from an approved site supervisor
- Weekly 1.5-hour live supervision with university faculty
- Support through Practicum and both Internships

Licensure and Careers

Path to licensure

- Designed to meet Iowa's educational requirements for the LMHC
- Prepares you for national exams such as the NCE or NCMHCE
- Sit for licensure exams after completing 75% of coursework

Where graduates work

- Mental health counselor
- Substance use counselor
- Military service personnel counselor
- Settings: community mental health, private practice, schools, hospitals and more

Licensure rules vary by state. The CMHC dept. isn't responsible for determining how a licensing board will interpret or apply a student's clinical and educational work obtained from GVU. Students outside Iowa should confirm their own state's requirements.

CMHC Admission Steps

- Online application – GVU website
- Two academic or professional references
- Resume or CV
- Transcript from your degree-granting school
- Writing sample showing APA citation
- Dedication to Counseling Video
  - Up to 7 minutes, four faculty question prompts.
- Online identity verification

Requirements

- Bachelor's degree (or anticipated degree prior to CMHC cohort)
- 2.75 GPA overall or 2.75 GPA in your last 60 hours

Transfer up to 12

graduate transfer credits (grade of B or better, CACREP-accredited or less than 5 years old & submitted syllabi)

Questions?

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Graduate Financial Aid Overview

Mostly loans at the graduate level

Unlike undergraduate aid, grant funding isn't available for graduate students.

Unsubsidized loans

Not based on financial need; eligibility is set by your cost of attendance.

$20,500 per year, typical award

Award usually covers most or all of tuition, fees, books and other needs. Borrow only what you need.

Inquire about military and GVU alumni discounts!

Next steps

1. Complete the **FAFSA**
   NO graduate application deadlines!
   2026–27: Spring 2027+ Summer 2027 Aid
   2027–28: Fall 2027 - Summer 2028 Aid
2. Be admitted to CMHC program
3. Watch for your award letter from GVU's Office of Financial Aid

Need help filing your FAFSA?

GVU offers virtual and in-person help.

Financial Aid questions: **515-263-2853**

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Thank You

Any Questions? Reach Out!

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