



Mitigation Efforts for Athletics

Grand View Athletics has implemented the following precautions to ensure the safety and wellbeing of our student-athletes, coaches and staff. The success of our mitigation efforts will require cooperation of the entire campus community.

- Athletes returning to campus early will be provided a PCR test for presence of an active COVID-19 infection
- Required COVID mitigation education for all athletes and coaches (best practices)
- Daily assessments (all students)
 - COVID exposure questions
 - Temperature checks
 - Use of PreCheck biometric app for daily health monitoring (temperature, respiratory and heart rate)
 - Strength and Conditioning monitoring for symptoms
- Masks will be provided for all student-athletes and staff to be worn outside of practice, when unable to social distance
- Adjusted practice schedules to allow more social distancing
- Adjusting and limiting practice drills to allow more social distancing
- Staggering and limiting locker room usage
- Staggering and adjusting cafeteria times and usage (and providing to-go options)
- Sanitization of all locker rooms, equipment, and indoor workout areas daily and after use
- Conference guidelines (Heart Promise) that all conference schools will meet agreed upon guidelines set for safe play when traveling to other institutions as well as COVID-19 assessment of competitors and staff
- Return to play guidelines for those that test positive, including isolation and health monitoring.

The most important component will be each individual student athlete's mitigation compliance when not participating in athletics. Sport participation is only a small part of their day. Adhering to all prevention efforts outside of athletic participation will be paramount. Most experts agree that the risk of contracting the virus is very low if you are not within six feet of others for more than 15 minutes, are diligent about hand washing, and wear face coverings when you can't social distance. Student athletes will need to take personal responsibility to keep themselves and their teammates healthy at all times.