



Clinical Mental Health Counseling

Degree Awarded: Master of Science in Clinical Mental Health Counseling

Requirements for the Major: 60 credits

The Master of Science in Clinical Mental Health Counseling (CMHC) aims to develop ethically sound, research-informed, developmentally competent, and culturally aware licensed mental health counselors (LMHC). Graduates will be prepared for lifelong learning and employment to diagnose and treat mental health disorders in a variety of public and private practice settings. The primary objective of the Clinical Mental Health Counseling program is to prepare students for direct entry into the practice of counseling and counseling-related fields. This program provides students with academic clinical education while simultaneously providing high impact, rigorous clinical work, application and experiences. The Standard Curriculum is a two-year intensive program for students entering the counseling field with academic and experiential background in psychology or human services and prior experiences in a related field. All students are required to complete a Practicum and two Internships to develop entry-level practitioners in mental health counseling.

CMGR	500*	Professional Counseling Orientation	3
CMGR	505	Professional Ethics	3
CMGR	510	Career Counseling	3
CMGR	515	Counseling and Helping Relationships	3
CMGR	520	Counseling Diverse Population	3
CMGR	525	Crisis Intervention	3
CMGR	535	Human Growth and Development	3
CMGR	537	Counseling Theories	3
CMGR	540	Addictions	3
CMGR	545	Assessment and Psychological Testing	3
CMGR	550	Diagnosis and Treatment Planning	3
CMGR	555*	Group Counseling	3
CMGR	560	Research and Program Evaluation	3
CMGR	565	Psychopathology	3
CMGR	570	Psychopharmacology	3
CMGR	595**	Counseling Practicum	3
CMGR	598***	Internship I	3
CMGR	599***	Internship II	3
Take 2 of the following:			
CMGR	580	Counseling Children and Adolescents	3
CMGR	575	Marriage/Couples and Family Therapy	3
CMGR	585	Intro to Play Therapy and Techniques	3

***Course includes on-campus residency requirement**

**** and *** see page 2-3**

Refer to catalog for GPA, minimum grade requirements, and additional program requirements.

This information must be used in conjunction with the 2020-2021 Grand View University Catalog and does not reflect a student's official record of progress. Students are expected to use the Progress tool found on myView > GV Self Service when monitoring and planning coursework. Other available resources include: Course Planning Documents (found on myView under Academics) and the faculty and staff who work with academic requirements.

Counseling Practicum**3 Credits**

The Counseling Practicum is a graduate-level, clinical, experiential course designed to strengthen students' skills and understanding of the practice of clinical mental health counseling through supervised practice. In this Practicum:

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of one hundred (100) clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least forty (40) clock hours of direct service with actual clients including individual and group work that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one (1) hour per week of individual and/or triadic supervision throughout the practicum by (1) a program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- I. Practicum students participate in an average of one-and-one-half (1½) hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a program faculty member or a supervisor who is under the supervision of a program faculty member.
- J. Evaluation of the student's performance throughout the practicum including a formal evaluation after the student completes the practicum.

Prerequisite: Helping Relationships, Diagnosis and Treatment Planning, & Professional Ethics in the counseling program.

Internship I**3 Credits**

A graduate-level clinical supervised counseling internship of 300 clock hours. Students need to take, at a minimum, two 3-credit internships as a part of their degree program. This experience provides an opportunity to perform, under supervision, counseling activities similar to what is expected of professional counselors are expected to perform. The internship includes:

1. A minimum of 240 clock hours of direct service to clients.
2. A minimum of one hour per week of individual supervision or triadic supervision, usually performed by the on-site supervisor.
3. A minimum of one and one-half hours (1 ½) per week of group supervision, throughout the internship usually performed by a program faculty member supervisor. Group supervision must be provided by a program faculty member or a student supervisor who is under the supervision of a program faculty member.
4. Exposure to collateral professional activities (e.g. record keeping, information and referral and staff meetings).
5. An opportunity for students to develop program-appropriate audio and/or videotapes of client interactions.
6. An opportunity for students to gain supervised experience in the use of professional resources (e.g. assessment instruments, professional literature and research etc.)
7. Formal evaluation of the student's performance by a program faculty member in consultation with the site supervisor.

Prerequisite: Completion of Practicum

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Internship II

3 credits

A graduate-level clinical supervised counseling internship of 300 clock hours. Students need to take, at a minimum, two 3-credit internships as a part of their degree program. This experience provides an opportunity to perform, under supervision, counseling activities similar to what is expected of professional counselors. The internship includes:

A minimum of 240 clock hours of direct service to clients.

1. A minimum of one hour per week of individual supervision or triadic supervision, usually performed by the on-site supervisor.
2. A minimum of one and one-half hours (1 ½) per week of group supervision, throughout the internship usually performed by a program faculty member supervisor. Group supervision must be provided by a program faculty member or a student supervisor who is under the supervision of a program faculty member.
3. Exposure to collateral professional activities (e.g. record keeping, information and referral and staff meetings).
4. An opportunity for students to develop program-appropriate audio and/or videotapes of client interactions.
5. An opportunity for students to gain supervised experience in the use of professional resources (e.g. assessment instruments, professional literature and research etc.)
6. Formal evaluation of the student's performance by a program faculty member in consultation with the site supervisor.

Prerequisite: Completion of Practicum