

HOW DO I KNOW WHICH TO CHOOSE?

COMPARING PSYCHOLOGY, HUMAN SERVICES AND SOCIAL WORK

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PSYCHOLOGY (BA)	HUMAN SERVICES (BA)	SOCIAL WORK (BSW)
<ul> <li>Knowledge – Students will learn</li> <li>Major concepts, theoretical perspectives, empirical findings, and historical trends in psychology</li> <li>Basic research methods, including design, analysis, and interpretation</li> <li>The complexity of sociocultural and international diversity</li> <li>To engage in innovative and integrative thinking and problem solving</li> <li>About developing a meaningful professional direction for life after graduation</li> </ul>	<ul> <li>Knowledge – Students will learn</li> <li>To assess client needs and identify interventions to promote optimal functioning, growth, and goal attainment</li> <li>The nature of human systems: individuals, groups, organizations, community, and society</li> <li>Factors associated with aging, delinquency, crime, poverty, mental/physical illness, chemical dependency, developmental disabilities</li> </ul>	<ul> <li>Knowledge – Students will learn</li> <li>To promote social and economic justice</li> <li>To serve as catalysts of change among individuals, families, organizations, and communities</li> <li>How to identify and constructively use external influences toward client change</li> <li>Advocacy and respect for human diversity</li> <li>Evidence-based interventions to engage clients, assess strengths, apply collaborative interventions, and evaluate outcomes</li> <li>Information to pass the BSW licensure exam upon graduation</li> </ul>
<ul> <li>Skills – Students will be able to</li> <li>Understand own and others' behavior and mental processes; apply strategies for self-management and self-improvement</li> <li>Use critical and creative thinking to solve problems related to behavior and mental processes</li> <li>Understand and apply psychological principles to personal, social, and organizational issues</li> <li>Demonstrate technological competency</li> </ul>	Skills – Students will be able to  Assess client needs and plan, implement, and identify interventions  Conduct intake interviews  Facilitate individual and group counseling  Have good understanding of self as change agent with a focus on strengths  Communicate empathetically  Demonstrate ethical and cultural competence	Skills – Students will be able to  Assess complex interactions in preparation for prevention and/or intervention  Develop and implement strategies for individuals, families, organizations and communities  Provide advocacy for marginalized populations  Make collaborative decisions about strategies based on research and practice wisdom  Engage in culturally competent services
Application – Students will practice  • Optional internship provides practice opportunity  • Individualized senior research project to explore topic of interest	Application — Students will practice  • 30 hours service learning (Intro to Human Services)  • 300 hour internships (150 hours each semester)	Application – Students will practice  • 30 hour introductory agency exposure (Intro to Social Work)  • 450 hour field education (spring semester senior year)
Admission and Special Requirements  2.2 GPA required for major  C- or better in courses required to graduate  44 semester credits  Senior research project is required; prerequisites include statistics and research methods courses	Admission and Special Requirements  • 2.2 GPA required for major  • C- or better in courses in the major  • 47 semester credits	Admission and Special Requirements  2.5 GPA required for major; C or better in courses in the major  49 semester credits  Selective; requires application after Intro to Social Work and prerequisites  Advanced research project required; prerequisites include statistics and research methods courses
<ul> <li>Employment</li> <li>Careers vary and may include work in a behavioral health intervention services, group home/residential treatment, psychiatric services, management, non-profit, government, advertising, business, ministry, public health, information science, and human resources</li> <li>Acquired skills such as research, writing, analysis, problem solving, and critical thinking are highly transferable to any future career</li> </ul>	Employment  • Prepares for work in public/private agencies working in areas of child welfare, youth development, elder care, behavioral health, rehabilitation, poverty, crime, and substance abuse	Employment     Prepares for generalist work in public/private agencies to empower individuals, families, organizations, and communities     Practice areas include behavioral health, advocacy/community organizing, child welfare, schools, immigration and refugee services, aging, juvenile justice, victim services, and adult corrections
Graduate School  An advanced degree is required for careers in counseling. A BA in psychology opens the door for advanced education in fields such as medicine, law, or public health.	Graduate School  Advanced degree required for leadership and supervisory positions.	Graduate School  Master of Social Work (MSW) required for clinical work as therapist, or advanced positions in other areas of specialty. BSW from Grand View's accredited program provides advanced standing in graduate school.