

CENTRAL IOWA FLUTE WORKSHOP

Hosted by Grand View University



A dedicated and energetic instructor, **MEGAN HOFELDT** is committed to instilling a life-long love of music and learning in each of her students. Based in Central Iowa, Megan is the Instructor of Flute at Grand View University and Central College. She also teaches lessons to junior high and high school students through the Central Music Academy in Pella, the Urbandale Middle School, and her home studio in Huxley.

As an experienced flute choir conductor, Megan strives to program diverse selections of world music that feature the entire flute family ranging from piccolo to contrabass. In addition to teaching lessons at Central College, she also conducts the Central Flute Ensemble. This group is open to all students and can be heard in regular recitals on and off campus. Her Grand View University studio and home studio also program flute ensemble music for their semi-annual recitals.

In addition to teaching, Megan also maintains an active performance schedule. She was recently appointed Principal Flute of the Ottumwa Symphony Orchestra after serving as Second Flute/Piccolo and Substitute Principal since 2005. She also performs as Principal Flute of the Central College Community Orchestra and enjoys frequent chamber music collaborations with her colleagues. Megan was formerly Principal Flute and Piccolo with the Southeast Iowa Band, the University of Iowa Symphony Orchestra and Chamber Orchestra, and was featured as Principal Flute for the University of Iowa Symphony Band's 2008 performance at Carnegie Hall. She has performed chamber music at the Wisconsin Flute Festival, Iowa Flute Festival, Central College, West Music Conservatory, Clarke University, and Culver-Stockton College. As a concerto soloist, Megan has been invited to perform with the Central College Symphonic Wind Ensemble and the Grand View University Wind Ensemble.

Megan graduated from the University of Iowa with a Master of Arts degree in Flute Performance and a Bachelor of Music degree with honors and high distinction. Her primary teachers include Gro Sandvik, Tamara Thweatt, Nicole Esposito, and Linda Nielsen. www.meganhofeldt.com

LIZZY DARLING serves as Principal Piccolo of the Dubuque Symphony Orchestra and Interim Second Flute of the Billings Symphony Orchestra and Chorale. As a chamber musician, Lizzy performs frequently in the Darling Duo with her husband, Dr. Steven Darling, and the MVD Duo with Dr. Andrea Vos-Rochefort. Lizzy has appeared as a performer and lecturer at such events and venues as Cincinnati Soundbox, Cornell College Flute Day, the National Orchestral Institute Chamber Series, and the Opus Ithaca Flute Camp.

Lizzy holds an A.D. from the University of Cincinnati College-Conservatory of Music, M.M. from Ohio University, and a B.M.E. from Ithaca College.





Ever interested in cross-culture collaborations, flutist **HANNAH WEISS** balances performing, teaching, and researching in the vibrant and musically diverse Miami area. She performs with South Florida's premiere genre-bending orchestra, the *Nu Deco Ensemble* and has played alongside artists such as reggae master Stephen Marley, world music icon Angelique Kijo, and singer song writer Josh Groban. Her interest in contemporary music took her and Ann Arbor-based new music group *Khemia Ensemble* on a recent tour of South America's conservatories where she performed recitals of extended techniques pieces and premiering five commissioned works. Weiss has also performed with the Ann Arbor, Dubuque, Ottumwa, and Quad Cities Symphony Orchestras, and is featured as piccoloist on conductor Kenneth Kiesler's GRAMMY nominated album, "Milhaud: L'Oresteia d'Eschyle."

Weiss is committed to building upon the rich history of her instrument through research which expands the flute repertoire and its pedagogical traditions. Weiss has commissioned nine composers hailing from Asia, South America, and the United States to write for the flute as a solo instrument as an element of unique instrumentations. Notable commissioned works include a solo work for singing flutist, an immersive collaboration between flute and song bowls, and a piece for mixed chamber ensemble with stopwatches. Further developing the flute's repertoire, she has transcribed a collection of Amy Beach violin works which she premiered last year. In addition to growing the instrument's repertoire, Weiss is devoted to contributing to flute pedagogy. She is currently collaborating with the nation's finest flute professors in a qualitative research study which explores the factors that influence teacher word choice.

Born in the Midwest, Weiss has a Bachelor of Music from the University of Iowa and a Master of Music and Specialist in Music Performance from the University of Michigan. She is a third year doctoral student, Henry Mancini Fellow, and teaching assistant at the University of Miami's Frost School of Music where she studies with former Metropolitan Opera Orchestra principal flutist, Trudy Kane. Previous teachers include internationally renowned soloist Amy Porter, Nicole Esposito, and former Bergen Philharmonic principal, Gro Sandvik. She loves to run, practice yoga, and cook plant-based recipes.



SONJA GILES has appeared as a recitalist, chamber musician, and educator at a variety of venues across the United States, Austria, Belgium, Italy, England, Germany and Russia. She has appeared as a soloist with the Kaliningrad Symphony Orchestra (Russia), Iowa State University Wind Ensemble, Ottumwa Symphony Orchestra, Iowa State University Orchestra, and numerous bands throughout Iowa. Giles currently serves as solo piccolo with the Des Moines Symphony Orchestra, having just completed two years as second flute. She performs regularly across the state with Orchestra Iowa, National Touring Musicals at the Des Moines Civic Center, Cedar Rapids Opera Company and Des Moines Metro Opera. Sonja is exclusively a Miyazawa Artist.

In addition to her performing career, Dr. Giles is equally zealous about her role as an educator. She is associate professor of flute at Iowa State University. In fall 2008, she was honored as the recipient of the 2008 University Award for Early Excellence in Teaching, as well as the Cassling Early Excellence in Teaching Award. Giles received her B.M. in Flute Performance at the University of Alabama, M.M. at the University of Iowa and D.M.A. at the University of Minnesota. Giles has given master classes in Wyoming, New Mexico, Alabama, Illinois, Nebraska, Arkansas, Wisconsin and Minnesota, and presented at flute days across the United States. Most recently, she was the guest artist for the 2018 Alabama Flute Day in Birmingham, AL. Giles is the author of *The Melody Book*, a supplemental guide to Marcel Moyse's *Tone Development Through Interpretation*.



DR. OLIVIA BOATMAN is currently the Woodwind Instructor and an Assistant Band Director at Hinds Community College in Raymond, MS. Previously she taught at Kansas Wesleyan University in Salina, KS, West Music Conservatory in Coralville, IA, and the Mason's School of Music in Tallahassee, FL.

She holds a Doctor of Music in Performance from Florida State University with a Music Education and Leadership Certificate, a Master of Music from Arkansas State University and a Bachelor of Music Education from Mississippi State University with a K-12 MS educator license. She studied flute with Sophie Kershaw, Carol Dale, Lana Johns, Joe Bonner, and Eva Amsler.

In addition to teaching, she has served as the US Sales Manager of IrefreQue Sound Bridges and as a Band/Orchestra Consultant at West Music in Iowa. As a performer she has been a member of the Starkville/MSU Symphony Orchestra, Delta Symphony, FSU Symphony Orchestra, FSU Wind Orchestra, and a soloist with the Arkansas State University Wind Ensemble. She has performed and/or presented at the Florida Flute Association Convention, Music by Women Festival, Cornell College Flute Day, and the National Flute Association Convention.

CARISSA STOUT is in her second year of teaching 5th grade band in the Southeast Polk school district. She earned her Bachelor of Music Education degree from the University of Northern Iowa, completing a double emphasis in flute and piano. She earned her Masters in Music Education from VanderCook College of Music. Carissa performs in the Central Iowa Wind Ensemble and also accompanies students at state solo/ensemble contests.

Prior to teaching in Southeast Polk, Carissa taught general music and band in Des Moines for three years, Berlin, Germany for four years, and Janesville and Cedar Falls, IA for two years. Carissa also enjoys traveling, running, and biking.



ERIKA LEAKE MCKNIGHT holds of a Bachelor of Music in Flute Performance from Florida State University and a Master of Music in Flute Performance with a minor in Baroque Performance from Indiana University. In addition, she studied with Trevor Wye in Kent, England as one of six students selected internationally, as well as with Brad Garner at the University of Cincinnati College-Conservatory of Music.

Erika has been the recipient of a number of awards and honors including first place at the Myrna W. Brown Artist Competition and the Florida Flute Association Young Artist competitions. As a winner of the Myrna W. Brown, a national competition for flute, Erika was featured as a guest artist of the Texas Flute Festival and as a soloist with the Dallas Chamber Orchestra.

Erika has taught at University of Florida and Drake University and as a guest clinician at Texas Tech University, University of North Texas, University of Iowa, University of Mississippi, Louisiana State University and Florida State University. She was the director of the Dowling Catholic High School flute ensemble and is currently Adjunct Instructor of Flute for Faith Baptist College.

Currently Erika is a private teacher of students of all ages and abilities out of her home studio in Des Moines (near Drake), Iowa. She has taught private lessons for 29 years in Florida, Indiana, Ohio and Iowa. For information on Erika's private studio, please visit www.erikaleakemcknight.com



KIMBERLY HELTON has been a member of the flute section of *Orchestra Iowa* since 1997 and the *Des Moines Metro Opera Orchestra* since 2002. In 2017 & 2018, Helton was principal flutist for *DMMO Second Stage Productions* with composers' in residence. Helton also subs regularly with the *Des Moines Symphony*. Founding member of *Polaris Wind Quintet, PWQ* was selected performers for the 2017 NFA conventions and winners of the 2002 NFA Chamber Music Competition. Helton has also been selected to perform a world premier commissioned work for two flutes

and string bass at the 2019 NFA Convention in Salt Lake City. Instructor of Flute at Simpson College since 2005-present, she also taught at Grinnell College (1995-2005) and Drake University as a visiting professor (2000-2001). She has performed and given master classes at festivals in Russia and throughout the Midwest. Helton hosted 2016 Iowa Flute Festival featuring Marianne Gedigian at Simpson College. She maintains a large private studio in Des Moines, IA. She and her husband, Jay, have four children. BM, Brigham Young Univ., MM, Drake Univ., DMA, Univ. of IA. Teachers include Susan Goodfellow, Betty Mather, Anita Miller-Reider and Tadeu Coelho.

ANNE STEIN is on the faculty of The Des Moines Symphony Academy where she is Flute Ensemble Director and Instructor of Flute. Ms Stein studied flute with Kelly Via and received her B.A. with emphasis in voice and flute from Simpson College. She has performed with The Des Moines Symphony Chamber Orchestra, Simpson College Opera, and enjoys many collaborations as a jazz flutist. Anne performs weekly with guitarist Aaron Powell for the Iowa Culinary Institute Gourmet Dinners.



Zauberflöte is an ensemble of The Des Moines Symphony Academy directed by Anne Stein. The group was founded in 2004 and continues to offer a unique chamber ensemble experience to high school flutists in the Des Moines metro area. *Zauberflöte* performs regularly as a prelude to The Des Moines Symphony, Iowa Dance Theater's "Nutcracker", and The Downtown Winter Market. Past performances include The Iowa Flute Festival, Terrace Hill, The Des Moines Art Center, The Science Center of Iowa, The Des Moines Arts Festival, The Iowa Culinary Institute, and Blank Park Zoo.

AARON POWELL has a Masters of Music Performance from the University of Missouri-Kansas city (2003) where he studied with Douglas Niedt. Aaron is also an alumnus of Simpson College (1999), graduating with a Bachelor of Music Education. He has been an instructor of guitar at Grand View since the fall of 2005. Mr. Powell has performed as a guitarist with the Des Moines Metro Opera, Des Moines Playhouse and Des Moines Symphony. Aaron appears in recital in various fine arts series and forums through the state and in the Midwest. Mr. Powell has appeared as a performer in the master classes of notable guitarist such as the Los Angeles Guitar Quartet, Sergio and Odair Assad, Antigoni Goni and Christopher Parkening.



CHRISTA PEARSON is an accompanist and piano instructor. She previously taught music theory and ear training at Luther College in Decorah, Iowa. She enjoys collaborating with students at Drake University where she is a staff accompanist, with other local musicians for recitals, student competitions, in worship at her church, in pit orchestras, and other venues. She teaches private piano lessons in West Des Moines, where she lives and keeps busy in her primary vocation as mom to Sam, Oliver and Elsie.



DR. KEITH HANLON earned his DMA from West Virginia University (2017), his MM from Virginia Commonwealth University (2005) and his BA from the Indiana University of Pennsylvania (1998).

Dr. Hanlon has presented lectures, master classes, and performances throughout Europe and the United States and clinics at the University of Virginia, Frostburg State University, Fairmont State University, West Virginia University, Virginia Commonwealth University, Missouri Southern State University, the Mid-Atlantic Flute Convention, and the National Flute Association 2012 Convention in Las Vegas, NV.

Before he began his career as a college professor, Dr. Hanlon served for eight years in the United States Army as a bandsman. Formerly a member of the Maryland Winds and the Keystone Wind Ensemble, he has recorded on the Klavier and Citadel labels. Previously he served as the assistant principal flute with the Richmond Philharmonic, piccolo with the Allegany Symphony, piccolo for the Commonwealth Winds, and flutist for the Virginia Wind Quintet. Dr. Hanlon has also performed with the Richmond Symphony and Mountainside Baroque.

Dr. Hanlon taught applied flute, aural skills, and directed the flute choir at Frostburg State University in Frostburg, MD for three years. He served on the faculty at Virginia Commonwealth University in the departments of Music, and Dance and Choreography where he taught music theory and interdisciplinary studies in dance.

Dr. Hanlon recently moved to Coralville, Iowa to join the team at Flute Authority as a Sales Specialist and Flute Technician and continues to serve as faculty at John Tyler Community College. He is on the Board of Directors for the Flute Society of Washington and is an active member of Delta Omicron professional international music fraternity. He is a co-founder of The Flute Examiner, an online publication & newsletter about the flute & flute pedagogy. He enjoys performing in his duo, the io ensemble, which serves to highlight the flute through the performance of a wide variety of repertoire and the use of historical and modern instruments. Keith is a low flutes artist and teacher/clinician for Trevor James Flutes.



VICTORIA ROSE BISHOP currently serves as Principal Flute of the Southeast Iowa Symphony, Second Flute and Piccolo of the Ottumwa Symphony, Second Flute of the Quincy Symphony, and Piccoloist of the Oneota Valley Orchestra. As an active chamber musician and collaborator, Ms. Bishop is the flutist of the Durward Ensemble and the GRIT Collaborative New Music Ensemble. She also regularly performs with Orchestra Iowa and the Cedar Rapids Municipal Band.

Equally committed to music education, Ms. Bishop is the Adjunct Professor of Flute at Cornell College, Kirkwood Community College, and Mount Mercy University in Iowa, and at Culver-Stockton College in Canton, Missouri where she has been teaching Applied Flute and music courses since 2014. As a private teacher, she maintains a large flute studio of over fifty students of all ages at West Music, her home, and several local schools in the Iowa City area. In November of 2018, she co-created the Iowa City Flute Choir, a semi-professional flute choir made up of local professionals and adult amateurs in Iowa City and the surrounding areas.

This past Fall she started the annual Cornell College Flute Day and commissioned Nicole Chamberlain's *The Cat's Pajamas* for the thirty two students that attended to premiere as part of the event. She has been invited to perform at the Iowa Flute Festival, the Wisconsin Flute Festival, the Central Iowa Flute Workshop, and give master classes at Kansas Wesleyan University, Graceland University, Drake University, Grand View University, and as a piccolo guest artist at the St. Louis Flute Fair. This year she performed Eric Ewazen's *Concerto for piccolo and wind ensemble* with the Culver-Stockton College Wind Ensemble and the Midwest Regional Premiere of Peter Senchuk's *Concerto for Flute and Wind Ensemble* as part of her residency with Kansas Wesleyan University. www.rosebishopflute.com

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