

Getting to the Goal Program Checklist

Items to be completed at the beginning of the semester, before meeting with your Getting to the Goal Advisor:

- Complete the online self-assessment at <http://bit.ly/get2thegoal>
- With your academic advisor, review your schedule for the upcoming semester to determine if any changes are needed.
- Schedule an appointment with your Getting to the Goal advisor to be held before the end of the first week of classes.
- Begin thinking about your answers to the following questions, which may be discussed in your Getting to the Goal appointment.
 - What were you successful at in the previous semester (academic or personal)?
 - What do you believe are the reasons that led to poor grades last semester?
 - How would you like things to be different?
 - What are some changes you could make this upcoming semester to improve your grades?
 - What obstacles do you foresee impacting you this upcoming semester?

Items to be completed during your first meeting with your Getting to the Goal Advisor:

- Review what grades will be necessary to improve your GPA and decide what level of support you will need for each course.

Course	Credits	Anticipated Grade	Academic Support Needed

- Complete the Getting to the Goal Academic Contract.
- Consider enrolling in LIBA 105X, Academic Success I. This one-credit course is designed to strengthen students' academic skills in order to create a foundation for success. Areas of focus will include goal-setting, time management, motivation, and strategies for seeking support.
- Consider enrolling in LIBA 106X, Academic Success II. This two-credit course is designed to strengthen students' academic skills in order to create a foundation for success. Areas of focus will include habit design and effective learning techniques.

Items to be completed after your first meeting with your Getting to the Goal Advisor:

- Complete the academic success activities that you agreed to in your contract.
- Seek out tutoring or faculty assistance at the start of the semester.
- Meet at least once every 1-2 weeks with your Getting to the Goal advisor. Regular check-ins are critical to help you stay on track.